

Additional Learning Needs - Acton ALN Hub



ALN Code Wales



A guide for parents

Supporting your child with anxiety

Wrexham Family Information Service

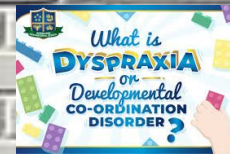
WINSTON'S
WISH **WW**
Giving hope to grieving children

Positive Parenting



ASD -
Sensory
Processing
Difficulties
Support

Tips and
activities
to help your
little one
learn
to talk



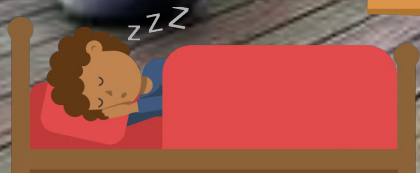
Person - Centred
Meeting
Information

British
Dyslexia
Association

Parenting. Give it time.

Home 0 to 4 years 4 to 7 years 8 to 12 years 13+ years Support

Sleep Strategies



“When you talk with me, you light up my mind and help my brain to grow...”



10 tips to help me learn to talk



Tips and activities to help your little one learn to talk



Learning to Talk Ages and Stages



Managing your child's behaviour

Top tips from a Speech and Language Therapist



What are the signs of selective mutism?

Helping children cope with sensory meltdowns

Tips to help you and your little one deal with overstimulation and sensory overloads.

How can you become Deaf Aware?

Has your little one developed a stammer?



How can you help your little one's phonological awareness?

Free practical tips and expert advice for all your parenting challenges



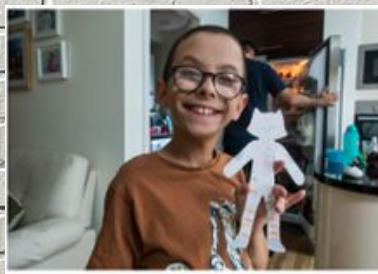
0 to 4 years old

Free practical tips and expert advice for all your parenting challenges when your child is up to age 4.



4 to 7 years old

Free practical tips and expert advice for all your parenting challenges when your child is up to age 7.



8 to 12 years old

Free practical tips and expert advice for all your parenting challenges when your child is between ages 8 and 12.



Supporting you

Advice to help you with the day to day challenges of being a parent.

Helpline Support

Family lives

Offers a confidential and free helpline service for families in Wales on any aspect of parenting and family life. To speak to someone call **0808 800 2222** or visit **Parenting and Family Support - Family Lives (Parentline Plus)** to access the live chat.

Parent Talk (Action for Children)

Offers a free and confidential live chat with a parenting coach available in English. Visit **Parent Talk - support for parents from Action For Children**.